United Way of the Coastal Bend is dedicated to improving the health of Coastal Bend residents, both mentally and physically. Sometimes, a traumatic event happens that’s beyond your control – something you never thought would happen to you. That’s where we step in. We fund proven, successful programs such as the therapy provided at Family Counseling Services. We’re UNITED in helping our neighbors recover.

A victim of a major car accident, one local woman suffered a traumatic brain injury and lost her independence. She couldn’t make decisions or manage the resulting stress and anxiety. A licensed counselor at Family Counseling Services helped her process the accident and its effects. Working together, her counselor provided the safe haven this woman so badly needed and helped her work through those emotions. She regained her mental dexterity and moved through the grief and loss in a healthy and productive way.

“My personal experience has been one in which I’ve been treated with compassion and support,” the woman said.

Such successes are made possible because of people like you. Her story is just one example of the more than 130,000 people we help annually. Her story shows the life-changing effect you have on people when you give to United Way of the Coastal Bend. Her story shows that UNITED, we all win.

Learn more about what we’re doing to improve the health of Coastal Bend residents.

Visit UWCB.ORG

Helping First-Time Mothers

The Nurse-Family Partnership (NFP), a home visiting program we oversee, provides first-time mothers with one-on-one support from registered nurses. This personalized care lasts from the mother’s pregnancy through her child’s second birthday and has a positive effect on prenatal care and early childhood education for our region.

Each nurse develops a special bond with the NFP mother as she transitions into her new role—helping her have a healthy pregnancy, understand growth and development of her child, and set goals for herself and her family.

Watch KEDT’s interview with this Nurse-Family Partnership mother on our YouTube channel!

Learn more about NFP at UWCB.ORG

Want updates sent directly to your inbox?
Use the Get Involved form on our home page at UWCB.ORG and subscribe today.